Advice to Young Husbands.

If you are a husband, and as such soon expect to become a father, take heed. Before you can

realize your fondest dreams it is necessary that great suffering to borne by her whom you love

better than yourself; you would do anything in your power to alleviate her suffering, would

Mother's Friend

A limiment of imquestioned value in pregnancy

Bradfield

Regulator Co.,

Atlanta, Ga.

BEARING DOWN PAINS

3647 Indiana Avenue.

I have been a sufferer with almost every kind

of female trouble for years, but as long as I

could get around and do my work I would not

try patent medicines as I had no faith in them.

my bed suffering with prolapsus of the uterus,

with bearing down pains and intense pains

in the back. My aunt, who came to nurse me

told me of Wine of Cardui and sent for a bot-

first bottle started me on the road to recov-

In a few weeks I was out of bed and in three months I was

Wine of Cardui brings certain relief to women suffering any symptom of female weakness and perfectly regulates the menstrual flow. Wine of Cardui stops bearing down pains by permanently relieving the irritation which weakens the lightness holding the womb in place. You need not suffer every month if you take this haddeline. The periodical discharge will be painless and healthy without continual weakening drains. Wine of Cardui will make your health right and you may treat yourself privately in your own home. Secure a \$1.00 bottle of Wine of Cardui from your

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antee perfect fits, best wearing qualities and best workmanship. Our

goods always have that neat, tidy, well-dressed appearance. Price no

126 WEST COURT STREET, CORNER GARDEN.

higher than lower grade goods sold by others

Place your order with us and you will be satisfied in every par-

JOERGER

in better health and stron-

ger than I had been in

years. I take a dose now.

occasionally, of Wine of

Cardui and am kept in

About eight months ago I had to take to

CHICAGO, ILL., Sept. 27, 1902.

womerfully case the ordeal through

which your wife must pass; it is easily

within your power to procure it: surely it

cannot be other than your duty to do so



AN INDEPENDENT NEWSPAPER.

Published every afternoon (except Sunday) at Pendiston, Oregon, by the EAST OREGONIAN PUBLISHING COMPANY.

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The course of life is like the . Men come and go; tides rise and . fall:

And that is all of history! The tide flows in, flows out to-

day, • And that is all that man can • man was-but is this

-Joaquin Miller. .

.............

GIVE THANKS, BUT THINK.

For some there are more material than ever before.

Science. machinery, combination of capital is enough reward for all past labor. and collaboration of the geniuses of expense and disappointment. Umamoney-making have all combined to tilla county, while the last one of the accumulate wealth for the few.

starving. The chasm between the fund, will not be the last on the ed, nor his opportunity improved. He in a week. Nothing means more to is still a wheel in the machine.

True, he has his wages.

The unequal struggle goes on-the monopolist, armed with a steel raknown as Favoritism; the masses armed with a mimic wooden sword blunted and dulled and harmless, Inland Empire will be reorganized. and called the Ballot of the Free.

Nature's god has been kind, but that does not soften the selfishness of man

does not compensate for the unequal fought so bitterly. distribution of these vast stores of wealth.

The man who has worked hardest does not possess most.

The race is not to the fleet, nor the reward to the deserving, under this code of cumples.

and its telling should narm no one: if it does, something is wrong some-

Owing to selfishness, the few are permitted to travel and improve their LEWIS AND CLARK FAIR NOTES. minds and natures by wide association with the world, while the many stultify and ossify in their narrow spheres. Cheaper fares, cheaper necessities of life would give the poor the opportunity to travel and enjoy the world.

This metropolitan education would ideals of the mases. Greater enlightenment would follow; wider happiness would ensue; crime and ignorance would be reduced to a minimum; the few who are now plethoric would not suffer and the tens of thousands now in want would be elevated to the plane of human beings. Before the poor can truly give thanks for the highest blessings of civilized government, something more tangible must be done by man.

ngible must be done by man.

Every day should be a day of Lewis and Clark centennial. thanksgiving to the god of nature for light, and air and water and earththese are for the maintenance of life and are the basis of all blessings.

Monopoly of these, that the few may be enriched and the many de- to the Lewis and Clark exposition, a nied, is the work of man. Nature * knows no favorites.

In counties where prohibition carried at the recent election, the whis- an active interest in promoting the key interests are now laying plans to key interests are now laying plans to ing a free trip to Portland to the wreck business and make it appear eighth grade school pupil who writes that the absence of saloons is respon- the best account of the Lewis and sible for poor government. The Or- Clark expedition. egonian has begun, even this early.

An unique feature of the Lewis and cantile Agency, H. V. Lipe & Clark centennial will be the sunken gardens. In these gardens, which ton, Coos and Tillamook counties, in will be located in the central court of 119 E. Court St. Telephone Main 311

which the hired agents of the whiskey interests, acting as correspondents, picture the most direful prospects ahead of the prohibition coun-After giving an outline of the direct from St. Louis financial disaster which Threatens where it will be exhibited at Corvallis, with the closing of four satoons, all of which have been conducted in rented houses, none of prehensive display of the state's minwhich were actual property owners, eral resources ever exhibited. the Oregonian says: "But, over in Curry county, where the communities are strongly prohibition, these financial conditions do not threaten. as the people will find a way." Then there is a way to avoid financial dis-Member Scripps McRae News Association, aster. Indeed, it would seem that people in a civilized and intelligent community could "find a way" tied to the whiskey interest. wherever this way can be blocked and financial ruin visited upon a probibition county or precinct, the whiskey interests, by the aid of the Oregonian, will not hesitate to wreck business and force disaster as an "example." The people should keep possession of their senses and not be alarmed at the false cry and "man of straw" set up by the big spokesman of Portland "jointists." Intelligence and good morals will triumph despite the mill stones, in the shape of purchaseable newspapers, tied to the neck of the communities.

For 30 years the people of the Inland Empire have battled for an open river to the sea. Congressmen and senators have been elected. lived, died and are almost forgotten, pleas and petitions have been poured into the ear of congresses and legislatures -all without avail, until the people themselves took up the task! The things to be thankful for this year goal is now at hand. The contract for building the portage road is signinvention, labor-saving ed and work will soon begin! This great wheat growing counties to take On the other hand the fraternal up the work of raising her share of me." or social side of national life is the \$40,000 deficit in the portage classes and the masses has widened; ground with the cash. The \$5000 to the poor man is just where he was be raised by the farmers and shippers of the last year; his sphere has not expand- of this county should be contributed the Methodist church the future of the county than the construction of the portage. Before So has the valuable work horse his that road is completed the railroads will reduce rates. They know the of the late Hon. John G. Tarbuckle, power of the people when once Inspired by the sight, in the early But as for actual betterment, as power of the people when once for direct and tangible improvement aroused. Boat lines on the river may of the social condition, there has been not directly benefit some portions of The few who control the ne- the Inland Empire, at first, but the cessities of life have not relaxed their very existence of an open river will reduce rates. The transportation monopoly will be broken and the river will be the refuge and hope of had occasionally been known to do in double-edged and keen, and the producers. Short lines of road will be built to tap the interior. With competition, the entire traffic of the Terminal rates will be granted and a new era in shipping conditions will open in Oregon, Washington and Idaho. If it were not that the port-The soil, the mines, the forests, age will be detrimental to present have yielded abundantly, but that shipping conditions, it would not be

unite and buy a gold medal for Farmer James Kirk, of Lane county. When in the land fraud cases in Portland, yesterday, he frankly admitted that People should not dissemble in of- he had read the newspapers, followfering thanks: the truth is the truth ed up the fraud cases and had actually formed an opinion from newspaper accounts, which he accepted as the truth. May his tribe

The amusement street at the Lewis and Clark fair has been named "The

More than 70,000 electric lamps be used in lighting the grounds and buildings of the Lewis and Clark Centennial.

On every pleasant day large crowds This metropolitan education would of sightseers can be seen inspecting broaden the views and uplift the the grounds and buildings of the Lewis and Clark exposition.

On the government building at the Lewis and Clark centennial will be two towers, each 260 feet high. At night these towers will be illuminat-ed by thousands of electric lights.

On the hillside leading to Guild's lake, at the Lewis and Clark centenand amali trees are growing side side. nial, 17 distinct varieties of shrubs

The Oregon building at St. Louis has been sold for \$1000. The money will be added to the appropriation the

The foreign exhibits building on of the largest exhibition palaces the Lewis and Clark exposition. now completed, and exhibits will beto be installed in a few Just outside the colonnade entrance

shelter building has been erected. is designated for the convenience the public, providing a pleasant walting room.

Club women of Seattle have taken Lewis and Clark centennial by offer-

An unique feature of the Lewis and The Van Alstine-Gordon & Co., Mer-

the exposition, will be grown many

which was awarded the grand prize at the World's fair, will be shipped direct from St. Louis to Portland, hibit will be enlarged for the Port-

neets the mainland and the government peninsula, is over two thousand feet long, being the longest bridge ever used at an exposition. It will be covered with staff, and when pleted will resemble in appearance an urched stone bridge.

HOW EDISON KEEPS UP.

It is interesting always to know how brainy people accomplish the seems to be the great part of their lives, and how they sustain the tremendous amount of nervous supply that is consumed constantly in the course of Edison is a mental giant. More vital fuel is consumed, perhaps, by his brain than is consumed in the energy required by a digger of the His manner of keeping himself in good health is, therefore, especially interesting in this connection, and perhaps is described best in his own

"I keep my health by dieting," he too much; eating has become a habit morphine-the more you take the more you want. elves with rich food." he said, earn-Diet is the secret of health. I eat almost nothing. I eat less than a pound of food a day; three meals, but just enough to nourish the body I don't really care whether I eat or not; it is not my pleasure. One soon rescribe diet, instead of drugs, the Half the people are food absterniously. dieting and he instilled the idea into -Physical Culturs

SOCIETY IN ARRANSAS.

the Methodist church at the Tar-buckie residence last Friday evening, was the reading of an original poem Mrs. Hon. John G. Tarbuckle, widow morn, of a cherry tree in full bloom penned the lines in the afternoon She recited the poem, as has after midnight, their next neighbor, his younger days after retiring while laboring under an intense strain, and went over and chopped down the cherry tree. He has since ville (Ark.) Clarion

The fac' th't Joe Jefferson has reother Thes

ing tatal. Upon recovery the glanus of the neck were very much enlarged, and after the free use of iodine, the right one wa-reduced to its normal size, but the left one continued to grow—very slowly at first, until it was about the size of a goose tal. Upon recovery the glands of the first, until it was about the size of a goose egg, which began to press on the windpipe, causing difficult breathing, and became very painful. An incision was made and a large quantity of pus discharged. The gland was removed, or as much as could with safety be taken out. For ten years I wore a little piece of cloth about an inch long in my neck to keep the place open. During this time I had to have it cut open by the doctor every time I took cold or the opening clogged. In the Spring or early Summer of 1884 I was persuaded by my wife to use S. S. S., which I did, strictly in accordance with directions. I took twenty-six large bottles, and was entirely cured, for I have not suffered since that time.

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only guaranteed, strictly vegetable remedysold. If you have any signs of Scrofula, write us The Swift Specific Company, Atlanta, Ga

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The Bridge of Nations, which con-

"people eat too much and drink most every one; it is like taking estly. "They use up their time and ruin their digestions and poison themgets out of the habit of caring much about his meals. If the doctors would disappear. Here Diet is the secret drunk all the time. Diet is the secret miously. It is a religion with My father before me practiced

One of the most pleasing features sociable given by the ladies of by Miss Eulalia Mac, eldest daughsaid, in the evening; and some time Squire Peavey, who had attended the sociable, walked in his sleep, as he mental expressed the deepest regret for his involuntary vandalism, but of course, will not restore the tree .- Polk-

Remember Joe Basler Has sold out his entire Furniture business and must reduce Lis stock before January 1st. 1905.

HEATING STOVES, COOK STOVES, STEEL RANGES, AT COST.

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